



KSFC AGENDA: CAMP

	Day 1		Day 2
8:30 AM	Player Registrations	9:00 AM	Warm Up (Kyah)
9:00 AM	Introduction/Welcome/Warm Up/Juggling (Kyah)	9:30 AM	Dribbling
9:40 AM	Foot Work/Skills	10:00AM	Receiving
10:10AM	Fun Games		
10:30AM	Nutrition Talk - Kyah (Snack Time)	10:30AM	Snack Time / Q&A w Parents - Kyah
11:10AM	Passing	10:45AM	1 v 1's / 2 v 2's
11:40AM	Shooting	11:15AM	Small Sided games
12:10PM	Goal Setting / Resilience Talk - Kyah	11:45PM	(Drinks Break) / Small Sided Con't
12:30PM	Autographs/Photos	12:30PM	Q & A - Kyah
1:00PM	Dismissal	1:00PM	Dismissal